

Resources for WCCUSD Students & Families

Here at the West Contra Costa Public Education Fund, we want to make sure that everyone in our community has access to the resources available to them. For that reason, we have put together this guide. While this is in no way an exhaustive list of things available within our community (and nationwide), it is comprehensive and can hopefully help our community in finding what they need.

In this document you will find:

- [A list of WCCUSD Board Members & Superintendent with contact information and biographies](#)
- [Resources for COVID-19 information and updates](#)
- [Mental health resources](#)
- [Grief support resources](#)
- [Resources for domestic violence/ abuse](#)
- [Basic needs \(housing, food, health care\)](#)

WCCUSD

[Find Your School Board Members](#)

In the boxes below, you'll find the contact information and biographies for the current WCCUSD Superintendent, as well as the current school board members. The Superintendent is on a three-year contract, and board members are elected for four-year terms.

| Contact Information | Bio |
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| Dr. Kenneth Hurst Title: WCCUSD Superintendent Email: chris.hurst@wccusd.net Cell: (510)231-1101 | Dr. Kenneth Hurst started his three-year contract with the WCCUSD in 2021. He has over two decades of experience within the education sector, and last worked as the Superintendent for the Othello School District in Othello, Washington. While at Othello, he increased graduation rates, reduced absenteeism, implemented social emotional learning, increased the preschool population, and those prepared for kindergarten. Dr. Hurst is the first permanent Black superintendent in WCCUSD's history. He has two adult children with his wife, Crystal. |

(Last updated: 10/12/2021)

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| <p>Jamela Smith-Folds Title: Board Member Email: jamela.smith@wccusd.net Cell: (510)231-1101 Trustee Area: 1</p> | <p>Jamela M. Smith-Folds was born and raised in Alabama, but is a veteran teacher of the WCCUSD. She has been a resident of Hercules for a decade, and lived and worked in Richmond prior to the move. She is a long-standing parent volunteer and advocate for parents and teachers inside and outside her community. She is a married mother of three school-aged daughters. In Hercules, she has held positions on multiple educational organizations and boards. She is a founding member of the community organization PEACH, and is a member of the Black Educator Network. She is an assistant volleyball, soccer, and girls basketball coach for Hercules Middle School. Jamela finds value in making sure others have good experiences. She believes that, "Life is short and it should not also be hard."</p> |
| <p>Otheree Christian Title: Board Member Email: ochristian@wccusd.net Cell:(510)860-3389 Trustee Area: 2</p> | <p>Bio not available</p> |
| <p>Mister Phillips Title: Board Member</p> | <p>Bio not available</p> |

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| <p>Email: mister.phillips@wccusd.net Cell:(510)307-7872 Trustee Area: 3</p> | |
| <p>Demetrio Gonzalez Hoy Title: Board Member Email: dgonzalez@wccusd.net Cell: (510)680-9987 Trustee Area: 4</p> | <p>Demetrio Gonzalez-Hoy was born in Puebla, Mexico and moved to the United States at 14 years old. He stated that his school and district were not equipped to support English language learners, but his teachers supported him. Demetrio became a bilingual teacher in the WCCUSD in 2013 and started advocating for his students, which led him to become involved in School Board elections and in United Teachers of Richmond, the local teachers union. Along with being a school board member, Demetrio is a current Union REP with the California Teachers Association, and an elected representative to the CA Democratic Party Executive Board.</p> |
| <p>Leslie Reckler Title: Board Member Email: leslie.reckler@wccusd.net Cell: (510)408-6123</p> | <p>Leslie has a long history mentoring and working with youth, and a long history of involvement in WCCUSD schools dating back to 2005.</p> |

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| Trustee Area: 5 | <p>However it was the Great Recession (2007), that served as her turning point, when schools suffered draconian financial cutbacks. She became involved in several school funding measures at both state and local level. She also served as the President of the Bayside Council of PTAs serving 30+ PTA units in WCCUSD and John Swett School Districts, and continues to serve as the council's Legislation Chair. One of her favorite projects was serving on the Hewlett Foundation grant writing team where she worked with the Ed Fund and other WCCUSD partners to secure a \$1.2 million award funding school-based deeper learning initiatives and research-based partnerships. She also blogs about education at ed100.org.</p> |
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COVID-19 Resources:

[WCCUSD coronavirus updates](#)

The District will be updating this [dashboard](#) with COVID-19 cases, and classroom closures once a week on Monday. The district also offers an FAQ on the virus, which can be found [here](#).

(Last updated: 10/12/2021)

[Contra Costa Health](#)

[California Department of Public Health](#)

[Find a Vaccine](#)

Visit [MyTurn.ca.gov](https://myturn.ca.gov) or call 1-833-422-4255

Mental Health Resources:

[Psychiatric Emergency Services](#)

Contra Costa Regional Medical Center (north side), 2500 Alhambra Avenue
in Martinez

[Contra Costa Crisis Center](#)

Crisis and Suicide: 800-833-2900

Crisis Text: text "HOPE" to 20121

M-F 3 p.m. to 11 p.m.

Grief: 800-837-1818

[Edgewood Center for Children and Families](#)

Crisis Stabilization Unit

24/7 triage and assessment center for youth ages 5-17.

Phone: 415-682-3278

[County Mental Health Plan Contact List](#)

From the California Department of Health Care Services, look for your county to get a 1-800 service number to reach your local Mental Health Plan.

(Last updated: 10/12/2021)

California Peer-Run Warm Line

The Warm Line is 24/7 emotional & mental health support and referrals for anyone in California looking for help.

Phone: 1-855-845-7415

National Suicide Prevention Lifeline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

1-800-273-8255

En Español: 1-888-628-9454

For Deaf and Hard of Hearing: Use online chat, or for TTY users, call 711 then 1-800-273-8255

Crisis Text Line

Available 24/7 Text "HOME" to 741741.

Currently developing a Spanish-language helpline.

24-HOUR CRISIS HOTLINE FOR TEENS

1-800-843-5200

If you are a teen or young adult experiencing emotional trauma, or are feeling any stress, anger, or dealing with any other problem, the California Coalition for youth has both a 24 hour hotline as well as a chat service if you prefer to communicate via text. CA Coalition is committed to connecting youth to mental health services that work for them.

National Alliance on Mental Illness

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

Call the NAMI Helpline: 1-800-950-6264

(Last updated: 10/12/2021)

In a Crisis? Text NAMI to 741741

[The Trevor Project](#)

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.

Call the helpline: 1-866-488-7386, or text “START” to 678-678. Available 24/7.

[Black Emotional and Mental Health \(BEAM\)](#)

National organization focused on training, movement building, and grant making dedicated to the healing, wellness and liberation of Black and marginalized communities. Their website hosts a number of resources, such as a Black Virtual Wellness Directory

Grief Resources

[Kara: Grief Support for Children, Teens, Families & Adults](#)

Kara provides comprehensive grief support, crisis intervention and education to individuals and communities facing the difficult realities of grief and loss.

Call for services: (650) 321-5272

[The Coalition to Support Grieving Students](#)

A resource designed for educators with the information, insights, and practical advice they need to better understand and meet the needs of the millions of grieving kids in America's classrooms.

Call for services: 1-877-53-NCSCB (1-877-536-2722)

[National Center for School Crisis and Bereavement](#)

(Last updated: 10/12/2021)

NCSCB at the USC Suzanne Dworak-Peck School of Social Work is dedicated to helping schools support their students through crisis and loss. NCSCB offers crisis response, education and training, and advocacy and research.

Crisis Hotline: 1-877-53-NCSCB (1-877-536-2722)

[UCSF Health: Bereavement Resources and Services](#)

National and Bay Area grief support for children, teens, adults, and families.

Various phone numbers in list

[Disaster Distress Helpline](#)

24/7 Crisis Counseling 1-800-985-5990 (Press 2 for Spanish)

Text TalkWithUs to 66746

Text Hablanos to 66746 (for Spanish)

TTY 1-800-846-8517

Find crisis counseling and support for people experiencing emotional distress related to natural or human-caused disasters.

[Family Support](#)

If you are concerned about a family in need of food or assistance, or you need resources yourself, call 211, contact your local non-profit [Family Resource Center](#), or apply for public benefits, which may include health care, cash aid, and food and nutrition assistance, through your county's [Social Services or Health and Human Services department](#).

Domestic Violence/ Abuse

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Family Justice Center

Based in Contra Costa County. Supports victims of human trafficking, domestic abuse, sexual assault, child abuse and elder abuse. Their Richmond office is located at 256 24th St, and can be reached at (510)974-7200. Office hours are Monday- Friday from 9 a.m. to 5 p.m.

Community Violence Solutions

Umbrella organization of the Rape Crisis Center of Contra Costa and Marin County. They provide assistance to child and adult victims of sexual abuse and human trafficking, and their families. 24/7 hotline at (800) 670-7273, or text CVS 20121.

County Adult Protective Services

Adult Protective Services: Call 833-401-0832 24/7 for concerns about adult abuse, neglect, or exploitation.

Child Protection Services

Community members play an important role in protecting children from abuse and neglect. If you are worried about the health or safety of a child, call the local CPS hotline for the county where the child lives or find a local child abuse youth victim service provider.

Childhelp National Child Abuse Hotline

You can call or text the Childhelp National Child Abuse Hotline 24/7 at 800-4-A-CHILD to speak with a professional crisis counselor who can provide assistance in over 170 languages.

Basic Needs

[Contra Costa Health Services:](#)

If homeless or at risk of becoming homeless, call 211, or text HOPE to 20121. Additionally, walk-ins are available in Richmond at GRIP, located at 165 22nd St. GRIP is open Monday through Friday from 9 a.m. to 3 p.m., and Saturday and Sunday from 8 a.m. to 2 p.m. They offer basic needs services, such as meals, laundry and mail as well as case management on weekdays. Lunch is served seven days a week, and can be served inside or to-go. Walk-ins are also available in Walnut Creek at the Trinity Center, located at 1888 Trinity Ave. The center is open Monday through Friday from 8 a.m. to 4 p.m. Offers basic needs, as well as case management. Breakfast and lunch served inside.

[List of Affordable/Subsidized Rental Units \(PDF\)](#)

Provided here is a list of known affordable or subsidized multiple family rental units in Contra Costa County. Please call each building manager for the application or waiting list procedures.

[RotaCare Richmond](#)

Offers healthcare for uninsured patients who are 18 years of age and older. They offer appointments over the phone on Tuesdays from 5 to 8:30 p.m. and in-person Thursdays from 5 to 8:30 p.m. To make an appointment, call or text (510) 213-6678 between 1 and 3 p.m. on Tuesday, and leave the following information: name, date of birth, phone number, brief description of medical concern/ reason for visit.

[Lifelong Healthcare](#)

Accepts most health insurances, and offers a sliding-scale payment method for those without insurance. They have offices in San Pablo, Pinole, Rodeo, and Richmond, dental offices in San Pablo, Pinole and Richmond, and Urgent Care offices in San Pablo, Pinole and Richmond. All offices offer services in English and Spanish.

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Food Bank of Contra Costa and Solano

The Food Bank of Contra Costa and Solano has multiple sites for food distribution. They provide 15-20 pounds of fresh produce twice a month and free of charge for low-income families and individuals. Bring two bags with handles to any ONE location.

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